

**\*\* ALL SUMMER COURSES SYNCHRONOUS on ZOOM \*\***

Day	Time	Course Name	Course Number	Course Code	Instructor
<b>SUMMER BLOCK A - starts May 3</b>					
MW	12:10-2PM	Health Coaching	PHED BC 1105.01	00021	L. Northrop
TR	12:10-2PM	Health Coaching	PHED BC 1105.02	00022	L. Northrop
MTWR	8-8:50AM	Beginning Yoga	PHED BC 1693.01	00025	L. Northrop
MTWR	9-9:50AM	Beginning Yoga	PHED BC 1693.02	00026	K. Thompson
MTWR	3:10-4PM	Beginning Yoga	PHED BC 1693.05	00190	L. Northrop
MTWR	4:10-5PM	Beginning Yoga	PHED BC 1693.03	00027	K. Thompson
MTWR	9-9:50AM	Yoga Sculpt	PHED BC 1694.01	00192	M. Rodriguez
MTWR	8-8:50AM	Core Strength	PHED BC 1532.01	00023	K. Thompson
MTWR	3:10-4PM	Core Strength	PHED BC 1532.02	00024	K. Thompson
MTWR	5:10-6PM	Bodyweight Training	PHED BC 1520.01	00191	L. Masone
<b>SUMMER BLOCK B - starts June 28</b>					
MTWR	8-8:50AM	Beginning Yoga	PHED BC 1693.04	00028	L. Northrop

*Please visit [pe.barnard.edu](http://pe.barnard.edu) for course descriptions and information.*