

# COLUMBIA WELLBEING PROGRAM / BARNARD FITBEAR

FREE!

Mon, May 3 - Fri, July 30

No classes: Mon, 5/31 and Mon, 7/5

Monday	Tuesday	Wednesday	Thursday	Friday
9-9:45am <b>Vinyasa Yoga</b> Sophia	9-9:45am <b>HIIT</b> India	9-9:45am <b>HIIT</b> Brian	9-9:45am <b>Vinyasa Yoga</b> Anastasia	9-9:45am <b>Sculpt</b> Laura
7-7:45pm <b>Sculpt</b> Laura	7-7:45pm <b>Cardio</b> <b>Kickbox</b> Rachel	7-7:45pm <b>Zumba</b> Celeste	7-7:45pm <b>Cardio</b> <b>Kickbox</b> Rachel	